



Manna Messenger

A Publication of Feed My People

May/June 2009

FEED MY PEOPLE
A Christian
Interdenominational
help center showing God's
love and compassion
for His people in need.

South County Office
171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office
3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Web Site
<http://www.Feed-My-People.org>

E-mail
fmphelp@earthlink.net

Directors
John & Carol DeGuire

Co-Editors
Carol DeGuire
Robyn Ackerman

- Programs**
- Emergency and long term food help
 - Energy Assistance
 - Medical and Transportation
 - Financial Assistance
 - Weatherization Materials
 - Fan/Heater Program
 - Counseling/Referrals
 - Job Assistance
 - Clothing Assistance
 - Home Visitation Program
 - Advocacy
 - Adopt-a-Family and Giving Tree Programs at Christmas
 - Low-Cost Thrift Stores
 - Spring Seeds Program
 - Smoke Detectors
 - Computer Literacy
 - Affordable Housing



Freedom From Hunger Food Drive

Summer is difficult for all food pantries. Donations are down and the need is up. Children from low income families usually get lunch and often breakfast for little or no charge during the school year. Meanwhile, the churches, schools, organizations, and businesses which collect most of the food for the pantries either don't meet or have much less participation during the summer.

Please bring a bag or two of food to your church, place of business, organization or to our food pantry during the month of July.



If you are interested in receiving a bag to use during any food drive during the summer, please fill out the form below.

Return to Feed My People at either 171 Kingston, St. Louis, MO 63125, c/o Ted West or 3295 Ottomeyer Rd., High Ridge, MO 63049, c/o Ann Mantler or Mary Hettenhausen.

Name of company, church or organization _____

Address _____ City/Zip _____

Contact person _____ Phone # (day) _____

We can use (#) _____ barrels. Please deliver (date) _____ and pick up (date) _____

We can also use (#) _____ Freedom From Hunger flyers.

Additional notes or comments: _____



St. Louis Food Drive – 2009

The 2nd Annual St. Louis Food Drive, a door-to-door food collection, will take place in south St. Louis County and northern Jefferson County in mid-June. The St. Louis Food Drive door-hung 9,100 homes last year and collected 5 tons of food for Feed My People. This year they hope to door hang 50,000 homes and collect 20-30 tons of food and they hope to expand their distribution to adjoining pantries. But, they will need lots of help to do this, like 300 volunteers on 2 Saturdays and around 50 pick up trucks or vans on the second Saturday.

They will meet on Saturday, June 13, to hang bags door-to-door and on Saturday, June 20, to pick up the bags full of food. All volunteers will meet at 8:30 a.m. at the South County Christian Center, 5001 Little Rock Road (the church is at the southwest corner of Highways 55 and 270 – going south on 55, get off at Butler Hill Road and make an immediate right on to Little Rock Road). On Saturday, June 13, the hanging of bags will probably go to around 1 p.m., and on Saturday, June 20, the pick up of the filled bags will probably go to 3 p.m., in both cases, if there are enough volunteers. People can volunteer either or both days. To volunteer, go to www.stlfooddrive.com, and click on volunteer opportunities, or call Jay Duncan at 314-288-9496.

The Manna March is Coming Up This Fall Mark Your Calendars

The magical date for the Manna March 2009 is Sunday, September 27th! Please mark the date on your calendar because this is a big event – FMP's largest annual fundraiser. We need your support/participation so much this year for the Walk as our food requests are even more due to our bad economy, and we wouldn't want to run out; that would mean we'd have to turn hungry families away. "Manna" means "food" as used in the Bible. May the Holy Spirit light a fire in your heart to help us make this year the biggest yet, in response to God's children in need. Our motto is "Hand in hand the dream continues" – that's all of us, holding each other's hands, along with God's hands, to serve other – His dream for all of His children, like the dreams we have for our own children, but on a grander scale. There will be live musical entertainment "The Souldard Blues Band" for the Manna March this year, free for all to enjoy. Come be a part of something extra special.

If you have any questions or input, please feel free to contact Robyn Ackerman or Beth Deno, Manna March Co-Coordinators, at 314-631-4900, or if you would like to and are able to, you can send in a donation Attention: "Manna March" to help us with the cost of t-shirts, printing, and refreshments. The address is 171 Kingston Drive, St. Louis, MO 63125.



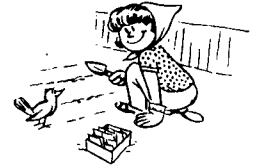
Volunteers Needed

Become part of a great team of volunteers and receive a rewarding and beneficial experience. We welcome enthusiastic people who want to serve for the benefit of others in our community. We need volunteers to work in the Thrift Store at South County and in the Pantry and Help Center on Tuesday, Thursday, and Saturday, and in the Thrift Store on Friday at High Ridge. If you are interested, please call Kathie Spross, Volunteer Coordinator at 314-631-4900, Monday through Friday, between the hours of 9 a.m. and 3 p.m., or Saturday, between the hours of 9 and 1 p.m., or call Ann Mantler or Mary Hettenhausen at the High Ridge location, at 636-677-9885, Tuesday through Friday, 9 to 2:30 p.m., or Saturday 9 to 1 p.m. We are looking forward to seeing you soon.



Plant a Row For The Hungry

Planting a vegetable garden this year? How about planting an extra row for the hungry, and for those who do not have their own yard to plant? Feed My People will be happy to take any homegrown produce you would like to donate this year.



A Fundraiser Benefit 2nd Annual Feed My People Golf Classic

A FUNDRAISER BENEFIT

2nd ANNUAL FEED MY PEOPLE GOLF CLASSIC

September 11, 2009

Co-Chair: Richard G. Smith
Co-Chair: Beth Deno

Where: Deer Creek Golf Course · 5300 Dulin Creek Road
House Springs, MO 63051

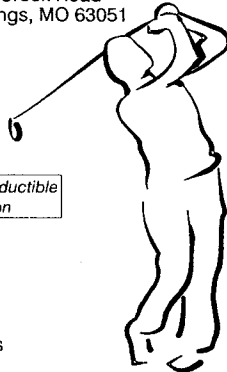
When: September 11, 2009
Registration - 11:00
Shotgun Start - 12:00

Format: 4 Person Scramble

Entry Fee: \$125 per Golfer*

* \$75 is a Tax Deductible Contribution

Includes: Golf · Cart
Lunch · Brats or Burgers
Soda · Beer · Refreshments
Prizes for Flights A & B
Dinner (upon completion)
Chicken or Pork Steak & Trimmings
Attendance Prizes



"Come fellowship with your friends and meet new friends, all for a great cause — helping others not as fortunate as you." Thank you, Rich & Beth

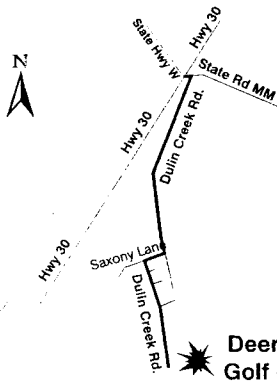
Contact

Richard G. Smith, Co-Chair
(636) 677-5832
Email: rgsfinservices@gmail.com
Cell: (314) 479-2650

Beth Deno, Co-Chair
(314) 532-3464
(314) 631-4907
Email: denoelizabeth@yahoo.com

Directions

From Hwy. 270 and Gravois Rd. (Hwy. 30)
Go West on Gravois (toward Fenton) about 13 miles to MO-MM. (you will see a Hardee's on your left and a McDonalds on your right)
Go Left on MM and immediately (about 100 ft.) turn Right on Dulin Creek Rd.
Follow Dulin Creek Rd. 2.1 miles and Deer Creek Golf and Country Club is on your left.



Deer Creek Golf Course

2nd ANNUAL FEED MY PEOPLE GOLF CLASSIC REGISTRATION FORM September 11, 2009

Co-Chairs: Richard G. Smith & Beth Deno



Name _____
Address _____
Phone _____
Email _____

Please reserve for me:
 * FULL HOLE SPONSOR \$500
 Individual Golfer \$125
 ___ Golfers @ \$125 ea.
 Foursome \$500
 Sorry, can't play, but here is my donation of \$ _____
 Please check box if you are joining us for dinner

* Full Hole Sponsorship includes 18 holes of Golf & Dinner for Four

Please complete the Entry Form below

Player One:

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

Player Two:

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

Player Three:

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

Player Four:

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Email _____

Please make checks payable to: FEED MY PEOPLE
and mail along with this registration form to:

Feed My People Golf Classic
171 Kingston Drive
St. Louis, MO 63125

FMP Advocacy 2009

Our country is currently suffering from a financial crisis. Jobs are lost and people are losing their homes. Many people remain underinsured and uninsured for health care. Even groceries seem to have gone up in price. For many, this is a time of uncertainty. Advocacy for social welfare is especially needed right now for so many people who are facing a challenge. There are a lot of corporate bail outs, but who will bail out the little guy at the end of the day? All of us, collectively, can make the difference for the welfare of our communities and the people who inhabit them.

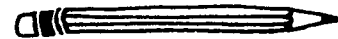
When companies have to close, people lose jobs. When they lose their job sometimes that means losing the roof over their head as well. Can you imagine what that would feel like? There is no security in that situation. Many times job loss leads to losing health insurance. Alone we have nothing but together we stand.

Legislators want to hear what their constituents have to say. One simple phone call or letter can make a huge difference. Maybe you personally know someone who is going through a crisis – you can use their story to illustrate a real life situation. I have found that legislators are not nearly as intimidating as you may think they would be. And they always want to hear from voters and citizens.

Health care is a real hot button this year as the Obama Administration has taken over. There is much debate occurring, various proposals. Which one is right for Missouri? There are many civic organizations working hard to ensure quality, accessible and affordable health care coverage to all residents. This is where Feed My People stands.

We continue to work with the Affordable Housing Coalition, MO Healthcare For All, Jobs With Justice, Grassroots Organizing, The Missouri Association for Social Welfare and countless other organizations. Can you join us in our effort? Do you have specific questions? Please feel free to contact Robyn Ackerman during business hours at 314-631-4900, or send an email to robyna@charterinternet.com, titled "Advocacy".

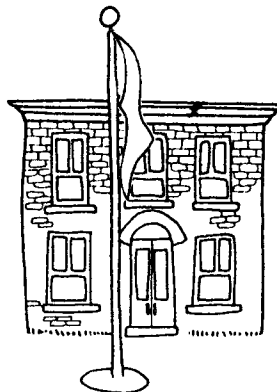
School Supplies Needed



It may seem early to be talking about needing school supplies, but we have to plan ahead, as we will be distributing them in early August. However, we have to start collecting them now to have an adequate supply. Additionally, many groups like to do a summer project of collecting school supplies so we are getting this list to you now. You can also make a monetary donation marked "school supplies". Thanks

Feed My People School Supplies Needed Fenton and Lemay

Compasses
Crayons (16 – 24 box, no jumbo) Lemay only
Pencil Eraser
Markers (fine line)
Markers (washable)
Pencil Boxes Lemay only
Pencil Sharpeners
Pencils #2
Pencils (colored)
Pens (black, blue, red)
Pocket Dictionaries
Pocket Folders
Rulers Lemay only
Scissors (Fiskars brand) Lemay only



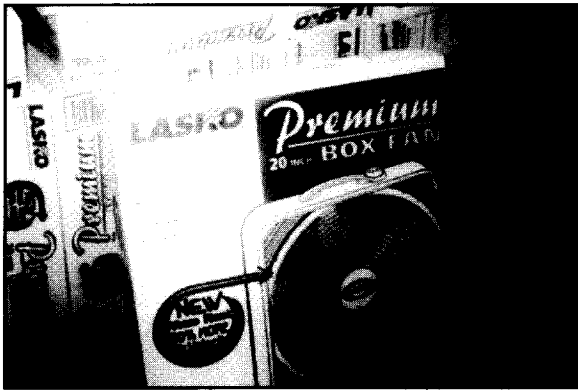
Spiral Notebooks
Three-ring Binders (1" or 2" – new only)
White Glue Sticks (no colors)
Dry Erase Markers and Erasers
Calculators
Hi-light Markers (colors)
Back Packs
Filler Paper Lemay only
Kleenex
Paper Towels
Hand Sanitizer

Vehicle Donations

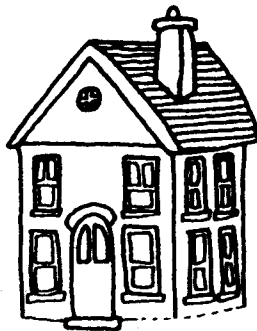


For anyone wanting to donate a vehicle, we now have a person who is working with us who is handling this instead of the online organization who was handling this, and we will gladly make things real easy for you, while getting the most proceeds to help Feed My People. You, in return, will get a tax deduction. It can be worth more to you than the dealer offers for trade in, so please consider us. Thank you.

Summers are Hot in St. Louis ... Fans Needed Urgently



Feed My People will be giving out fans again this year, and your help is essential to continue this program. We want to make sure that all our clients who need heat relief this summer will be sent home with a fan. Nearly 60% of those we help are either children or elderly, the two age groups most affected by the harsh summer heat. So please help us by marking your donation "Fan Fund". Thanks.



Feed My People volunteers give a facelift to an Affton family home through Rebuilding St. Louis Together. On Saturday, May 2nd, Feed My people gathered 25 volunteers and \$2,500 to rehab this home's kitchen and bathroom ceilings, walls, floors, and plumbing. Outside we did painting, built a storage enclosure, and we filled a 5 yard container with yard waste.

Thank you to each of our outstanding volunteers, captains and coordinators.



